

QUANTUM THERMODYNAMICS

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FOCUS:- Thermalization in Quantum Systems (Not Thermal Machines)

Ref:- Popescu, Short, Winter Nat Phys (2006)

Put a system in a Heat Bath \rightarrow maximum entropy state \equiv Thermal State

$$\rho_{th} = \frac{e^{-\beta H}}{\text{Tr}(e^{-\beta H})}$$

Q:- How does the Quantum System get Thermalized?

In open system dynamics $\xrightarrow[\text{Bath}]{\text{Heat}}$ $\frac{d\rho}{dt} = i[H, \rho] + \underbrace{\mathcal{L}[\rho]}_{\text{Lindbladian}} \xrightarrow[\text{time}]{t \rightarrow \infty} \rho_{th}$

(Markovian Dynamics)

Q:- If $\mathcal{H}_S \otimes \mathcal{H}_E$ is total Hilbert Space but \exists constraints such that effectively the Hilbert Space

$\mathcal{H}_R \subseteq \mathcal{H}_S \otimes \mathcal{H}_E$. Now if I take equal a-priori probable state $= \rho_R = \frac{1}{d_R}$ in \mathcal{H}_R .

Concentrate on state of the system.

 $\text{Tr}_E \rho_R = \rho_S \rightarrow$ The State to which the system equilibrates.
Start with an arbitrary pure state $|\phi\rangle$ s.t. $\rho_S = \text{Tr}_E |\phi\rangle\langle\phi|$ Target:- if $D(\rho_S, \rho_S) \leq \epsilon \rightarrow$ Thermalization (Trace Distance)

i.e. $\text{Prob}[\|\rho - \Omega_S\|_1 > \eta] < \eta'$ → Very improbable to go far apart from equilibrium state

(condition → effective dimension $d_{\text{eff}}^{\text{environment}} \gg d_{\text{system}}$)

If H is two-level → $\rho_{\text{th}} = \begin{bmatrix} p & 0 \\ 0 & \tilde{p} \end{bmatrix}$ Where $p = \frac{e^{-\beta E_0}}{e^{-\beta E_1} + e^{-\beta E_0}}$ & $\tilde{p} = 1 - p$

$$\rho \xrightarrow{M} \rho_{\text{th}} \Rightarrow \rho_{\text{th}} = \frac{1}{2} (\mathbb{1} + \underbrace{\vec{n}_{\text{th}} \cdot \vec{\sigma}}_{\downarrow})$$

Pin map → Every map gets pinned to one target state

Q:- Can you give me a Hamiltonian Which takes ($t \rightarrow \infty$ limit) → ??

↓
Append some ancilla to the system.

↓
for a finite dimensional ancilla → β itself changes → Not compatible with Classical Thermo dynamics

Proof of $\text{Prob}[\|\rho - \Omega_S\|_1 > \eta] < \eta'$

Theorem:- For a randomly chosen state $|\Phi\rangle \in \mathcal{H}_R$ & $\epsilon > 0$ The distance $\|\text{Tr}_E(|\Phi\rangle\langle\Phi|) - \Omega_S\|_1$,
 $\text{Prob}[\|\rho - \Omega_S\|_1 > \eta] < \eta'$ Where $\eta = \epsilon + \sqrt{\frac{d_S}{d_{\text{eff}}^{\text{env}}}}$, $\eta' = 2e^{-C d_R \epsilon^2}$

Proof:- Probabilistic Theoretic Result → Levy's Lemma → Given a fn $f: S^d \rightarrow \mathbb{R}$ & a point $\phi \in S^d$

chosen with uniform probability, then $\text{Prob} |f(\phi) - \langle f \rangle| \leq e^{-\frac{2C(d+1)}{\eta^2} \epsilon^2}$ Where $\eta = \sup_{\phi} |\vec{\nabla} \cdot f|$ & $C = \frac{1}{18\pi^2}$

(Ref:- Millman) $\left[\langle f \rangle = \int_{\phi \in S^d} f(\phi) d\phi \right]$

Here $|\Phi\rangle \in \mathcal{H}_R \rightarrow$ Any pure state representible here in terms of $2d_R - 1$ dimensional Hypersphere S^{2d_R-1}

Now define $f(\phi) = \|\text{Tr}_E |\Phi\rangle\langle\Phi| - \Omega_S\|_1$ (Trace 1-norm)

Now using Levy's Lemma requires finding out Lipschutz Constant $\eta = 2 \dots$ (HW)

Now we get $\text{Prob} [\|\rho_S - \Omega_S\|_1 - \langle \|\rho_S - \Omega_S\|_1 \rangle \geq \epsilon] \leq 2 \exp\left(-\frac{\epsilon^2}{\eta^2}\right)$

$$\Rightarrow \text{Prob} [\| \rho_S - \Omega_S \|_1 \geq \langle \| \rho_S - \Omega_S \|_1 \rangle + \epsilon] \leq 2 \exp(-c d_R \epsilon^2)$$

The average $\langle \| \rho_S - \Omega_S \|_1 \rangle \leq \sqrt{d_S} \langle \| \rho_S - \Omega_S \|_2 \rangle$

$$\sqrt{d_S} \int_{\rho \in S^{2d_R-1}} d\phi \|\text{Tr}_R |\phi\rangle\langle\phi| - \Omega_S\|_2 \xrightarrow{\text{After some calculation}} \leq \sqrt{d_S} \sqrt{\int d\phi \|\text{Tr}_R |\phi\rangle\langle\phi| - \Omega_S\|_2^2}$$

but $\langle \rho_S \rangle = \int_{\phi \in S^{2d_R-1}} d\phi \text{Tr}_R |\phi\rangle\langle\phi| = \Omega_S$

$$\text{finally } \leq \sqrt{d_S \cdot \langle \text{Tr} \rho_S^2 \rangle - \text{Tr} \Omega_S^2}$$

What is $\langle \text{Tr} \rho_S^2 \rangle$? This is $\leq \text{Tr} \langle \rho \rangle^2 + \text{Tr} \langle \rho_E \rangle^2$
 $= \text{Tr} (\Omega_S)^2 + \text{Tr} \langle \rho_E \rangle^2$

$$\text{But } \langle \rho_E \rangle = \Omega_E \therefore \langle \text{Tr} \rho_S^2 \rangle \leq \text{Tr} (\Omega_S)^2 + \text{Tr} (\Omega_E)^2$$

$$\text{Now } d_{\text{eff}} = \frac{1}{\text{Tr} (\Omega_E)^2} \rightarrow \text{Then } \langle \| \rho_S - \Omega_S \|_1 \rangle \leq \sqrt{\frac{d_S}{d_{\text{eff}}}}$$

$$\text{Thus } \rightarrow \text{Tr} (\| \rho_S - \Omega_S \|_1 \geq \epsilon + \sqrt{\frac{d_S}{d_{\text{eff}}}}) \text{ has prob } \leq 2 \exp(-c d_R \epsilon^2) \dots (\text{Proved})$$

Sanity Check

$$\mathcal{H}_R = \mathcal{H}_S \otimes \mathcal{H}_E \rightarrow d_{\text{eff}} = \frac{1}{\text{Tr}_E \Omega_E^2} = d_E \rightarrow \text{expected}$$

$$\text{Now } \sqrt{\frac{d_S}{d_{\text{eff}}}} \leq \sqrt{\frac{d_S}{d_R}} \Omega_E = \sum_k \lambda_k |\phi_k\rangle\langle\phi_k| \rightarrow \text{Spectral Decomposition}$$

Proof: - 2 line (HW)

i.e. avg $\langle \| \rho_S - \Omega_S \|_1 \rangle$ is small if $d_{\text{eff}} \gg d_S$

Levy's Lemma + This \rightarrow Thermalization }

Implications of This Theorem

Reconciling with standard Stat Mech

Assume Energy of the system E is given \rightarrow Temp β given

$$H_{\text{tot}} = H_S \otimes \mathbb{1} + \mathbb{1} \otimes H_R + H_{\text{int}}$$

Weak enough interaction

$\&$ assume dense energy spectrum

$$-\Omega_S^{(\epsilon)} = \text{Tr}_\epsilon \epsilon_R \frac{\text{can be shown}}{\text{shown}} \frac{e^{-\beta H_S}}{\text{Tr}(e^{-\beta H_S})} \rightarrow \text{All Previous Results valid for This also}$$

Thermal Canonical Equilibration Principle \rightarrow Start from arbitrary state subject to these constraints - Thermalizes

Models with spins :- N spins Show that these bounds can be sharpened

(no interaction)
in external \vec{B} field \rightarrow Next Lecture

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In Last Lecture \rightarrow start with any state $\rho_S \rightarrow$ end up with a very high prob very near the thermal state
 Subject to $d_{\text{eff}}(\text{env.}) \gg d_{\text{system}}$.

Can We do Better? (Better values of η and η' ?)

YES \Rightarrow FOR SPECIFIC MODELS

Thm:-
 (Modification of
 Morning Thm)
 [Statement]
 Only

Assume \rightarrow some bounded +ve operator X_R on \mathcal{H}_R satisfying $0 \leq X_R \leq \mathbb{1}_R$ [POVM Elements] such that with $\tilde{\mathcal{E}}_R = X_R^{1/2} \mathcal{E}_R X_R^{1/2}$, we have

$$\text{Tr}(\tilde{\mathcal{E}}_R) = \text{Tr}(\mathcal{E}_R X_R) \geq 1 - \delta$$

High Chance on equiprobable states \mathcal{E}_R to get this measurement outcome

For a randomly chosen state $|\psi\rangle \in \mathcal{H}_S$ & $\epsilon > 0$

$$\text{Prob}[\|\rho_S - \Omega_S\|_1 \geq \tilde{\eta}] \leq \tilde{\eta}'$$

$$\text{Where } \tilde{\eta} = \epsilon + \sqrt{\frac{d_S}{d_{\text{eff}}}} + 4\sqrt{\delta}$$

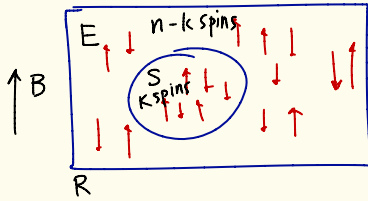
$$\text{and } \tilde{\eta}' = 2 \exp[-c d_R \epsilon^2]$$

$$\tilde{\Omega}_E = \text{Tr}_S(\tilde{\mathcal{E}}_R)$$

$$\tilde{d}_E^{\text{eff}} = \frac{1}{\text{Tr} \tilde{\Omega}_E^2}$$

Example :-

SPIN SYSTEM



$R \equiv \left. \begin{array}{l} n p \text{ spins in } \uparrow \\ = n(1-p) \text{ spins in } \downarrow \end{array} \right\} \text{ say}$

$d_S = 2^k$; $d_E = 2^{n-k} \Rightarrow$ What can I say about d_R ?

$$d_R = \binom{n}{np} = \frac{n!}{(np)! nq!}$$

$$\geq \frac{2^{nH(p)}}{n+1} \quad [H(p) = 2 \text{ point Shannon Entropy}]$$

(for large n)

Now using Thm 1 (Manning) \rightarrow

$$\text{Prob} [\| \rho_S - \rho_S \|_1 \geq \eta] \leq \eta'$$

$$\text{Where } \eta = \epsilon + \sqrt{\frac{d_S}{d_{\text{eff}}}}, \eta' = \exp[-cd_R \epsilon^2]$$

$$\sqrt{\frac{d_S}{d_{\text{eff}}}} \leq \sqrt{\frac{d_S^2}{d_R}} \leq d_S \frac{\sqrt{n+1}}{2^{\frac{nH(p)}{2}}} = \frac{2}{\sqrt{n+1}} 2^{-(nH(p) - 2k)/2} \text{ and } \epsilon = d_R^{-\frac{1}{3}} \leq \frac{(n+1)^{1/3}}{2^{\frac{nH(p)}{3}}}$$

$\ll 1$ for $n \rightarrow \infty$

$$\therefore \text{Prob} [\| \rho_S - \rho_S \|_1 \geq d_R^{-\frac{1}{3}} + \sqrt{\frac{2^k}{d_{\text{eff}}}}] \leq 2e^{-cd_R^{1/3}}$$

Putting this expression \rightarrow (for $n = \text{very large}$) $\Rightarrow \| \rho_S - \rho_S \|_1 \rightarrow 0$ in the large n limit.

[Valid subject to $n \gg k$]

Moral:- For arbitrary pure state $\in \mathcal{H}_R \rightarrow$ it WILL Thermalize ... (for This Specific System)

Popescu, Short, Winter \rightarrow arXiv version \rightarrow 2005

so; $\underbrace{d_{\text{eff}} \ll d_{\text{env}}}$ but so long as $d_{\text{eff}} \gg d_S \rightarrow$ Thermalization is safe. 😊

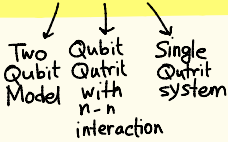
THERMAL MACHINES

What happens if we go from Classical \rightarrow Quantum Engines

Popescu et al PRL (2010) \rightarrow Smallest Possible Refrigerator

- Claim :-
- 1) It can be done
 - 2) Even Better \rightarrow it can go to $T \rightarrow 0$ limit

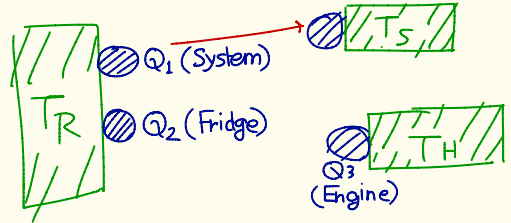
Q:- Smallest Hilbert Space dimension in which I can construct a refrigerator?



POPESCU } 3 models
LINDEN }

$T_R = \text{room temp}$
 $T_H = \text{Bath temp (Hot)}$
 $T_R < T_H$

Today :- Only the two-qubit model



Free Hamiltonian $H_0 = E_1|1\rangle\langle 1| + E_2|2\rangle\langle 2|$

(Assume $E_1 < E_2$)

$|i\rangle\langle i|$ = excited state of i -th qubit ($i=1,2$)
Ground State Energy for both qubits = 0... (assume)

Thermal State of First Qubit = $\tau_1 = \frac{e^{-\beta E_1 |1\rangle\langle 1|}}{\text{Tr} [e^{-\beta E_1 |1\rangle\langle 1|}]}$

Similarly for the second qubit $\tau_2 = r_1 |0\rangle\langle 0| + (1-r_1) |1\rangle\langle 1|$ $\left\{ r_1 = \frac{1}{1+e^{-\beta E_1}}; r_2 = \frac{e^{-\beta E_1}}{1+e^{-\beta E_1}} \right\}$

Joint State $\rightarrow \tau_1 \otimes \tau_2$ \therefore When Refrigeration occurs \rightarrow The system achieves some steady state temp T_i^s & the new τ_f of the first qubit = $r_1^s |0\rangle\langle 0| + (1-r_1^s) |1\rangle\langle 1|$
Clearly here $r_1^s > r_1$ [$\rho_f^1 < \rho_{init}^1$]

$\therefore \tau_f \otimes \tau_2 = \begin{bmatrix} r_1^s r_2 & & & \\ & r_1^s \tilde{r}_2 & & \\ & & \tilde{r}_1 r_2 & \\ & & & \tilde{r}_1 \tilde{r}_2 \end{bmatrix}$ $\tilde{r}_i = 1 - r_i$ ($i=1,2$) $\left. \begin{array}{l} \text{Now if } E_1 < E_2 \\ \text{implies } r_1 > r_2 \end{array} \right\}$

Here coefft of $|0\rangle$ has higher energy than $|1\rangle$ Swap $\rightarrow \dots \equiv$ Cooling

Caveat:- Applying this unitary Swap is not free \rightarrow Idea:- Use free Energy

Add a third qubit which is at contact with a high temp bath ($E_3 = E_2 - E_1$)

Joint State of the system $\tau_1 \otimes \tau_2 \otimes \tau_3$

$$= \begin{bmatrix} \tau_1 \tau_2 \tau_3 & & & & & & & \\ & \tau_1 \tau_2 \bar{\tau}_3 & & & & & & \\ & & \ddots & & & & & \\ & & & \tau_1 \tau_2 \tau_3 & & & & \\ & & & & \tau_1 \tau_2 \bar{\tau}_3 & & & \\ & & & & & \ddots & & \\ & & & & & & \tau_1 \tau_2 \tau_3 & \\ & & & & & & & \tau_1 \tau_2 \bar{\tau}_3 \end{bmatrix}$$

Check:-
Verify that coefft of $|010\rangle =$
coefft of $|101\rangle$
 $[\tau_1 \bar{\tau}_2 \tau_3 = \bar{\tau}_1 \tau_2 \bar{\tau}_3]$

Now can I cool ? (Not forbidden now !)

Won't be using SWAP, rather will use an interaction

$H_{int} = g (|010\rangle\langle 101| + |101\rangle\langle 010|)$; Assume $E_i \gg g \rightarrow$ Will not change eigenvalues & eigenvectors significantly.

Phenomenological model:-

With probability $p_i \rightarrow$ the i -th qubit goes back to original state per unit time

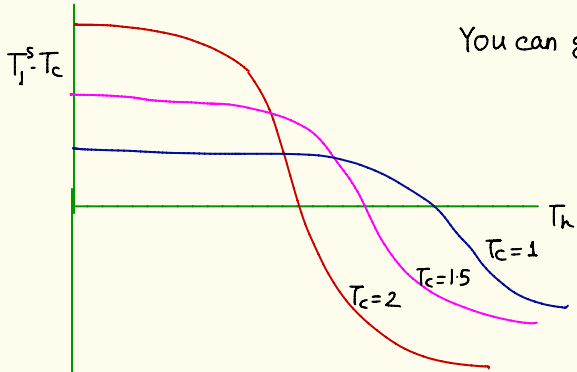
What happens to free coherence
Study! constraints?

Now I want a dynamics for this

Master Equation:- $\frac{\partial \rho}{\partial t} = -i [H_0 + H_{int}, \rho] + \sum_{i=1}^3 p_i (\tau_i \otimes Tr_i \rho - \rho)$
Lindblad term

Approach:- Look at the steady state solution & corresponding steady state temperature

Doable analytically, but boring hard calculation \rightarrow done numerically.



You can go $T \rightarrow 0 \rightarrow$ Efficiency = Carnot Efficiency